

Southern Dance Theatre Handbook



"Dedicated to the Education and Artistic Achievement of all Students"

Southern Dance Theatre Handbook



Phone Number: 561-736-9097

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Southern Dance Theatre takes great pride in the education and artistic achievements of our students. Our school's unified dance curriculum progresses dancers through a syllabus according to age and skill level. Therefore, a great deal of personal attention is given to the placement of each student utilizing our class criteria and teacher recommendations.

D - Dress codes are to be followed. Jewelry is not to be worn in class. Wear appropriate hairstyle, specified dancewear and footwear for all classes. Please label all dancewear.

A - Attendance is necessary to progress. If you are going to be absent, be sure a make- up class is arranged as soon as possible. Poor attendance may result in repeating a level.

N - Never accept less than your very best. Mind - Stay focused.
Body - Work at 100% of your physical ability.
Spirit - Enjoy yourself, receive all the gifts that dance has to offer.

C - Corrections are important and apply to all.
Listen – Acknowledge and Apply.

E - Etiquette

Respect your instructor(s) and fellow dancers.

Courtesy – Speak softly, hands to yourself, be ready for class, listen when the teacher is speaking, raise your hand with questions.

Distractions - Arrive on time - if 15 minutes late to class, dancer must observe the class. Take restroom and water breaks before or after class.

Prohibited in studios - the use of cell phones, food, drinks (other than water) and weapons. Strollers are not allowed in the lobby area or in studios due to space constraints.

Tuition and Payments Policies

Please call our office or refer to the Policies listed in your online Parent Portal on Akada Danceworks.

Class Rules and Discipline Policies

Southern Dance Theatre is not responsible for the following:

1. Students unaccompanied by a guardian more than 15 minutes prior to or following class – *Late pick up fee of \$10.00 per every 5 minutes will apply.*
2. Students who leave the interior premises of Southern Dance Theatre.
3. Loss or damage of personal property.

Discipline Procedures for Inappropriate Behavior in Class

1. Verbal Reprimand.
2. Student is spoken to and asked to sit down. Parents are notified.
3. If a student is spoken to again, they are removed from class and sent home.
4. Continued inappropriate behavior will result in dismissal from Southern Dance Theatre.

Code of Ethics

Southern Dance Theatre reserves the right to dismiss any student or parent whose attitude, behavior, or payment record is found to be unsatisfactory.

Class Drop/Add Procedures

A parent must have a completed drop/add form turned into the office by the 25th of the month, this will avoid being billed for class the following month. Students that drop/add a class prior to June will be billed a new annual tuition at a revised contract rate to reflect the new annual hours taken. All tuition adjustments or balances will be reflected in the next month's billing. New annual tuition rate will be divided in equal payments through June, beginning with the next billing cycle. Previous and current payments, as well as, classes missed are non-refundable.

Recital

While recitals are a lot of fun, participation is not required of students. We believe that to dance all year and not perform is "like eating cake without the frosting"! Students experience another dimension of dance by being part of a recital and gaining all that is learned through the process.

- 1) Recital is **optional**. Students who choose to participate in recital are required to be at all mandatory rehearsals and their assigned show.
- 2) Dance tuition covers classes and rehearsals at the studio. It does not cover the cost of recital: Theater rental (at an hourly rate) for all rehearsals and shows, liability insurance, theater security and Southern Dance Theatre's private security, 5 to 6 stage technicians, theater manager, stage manager, custodians, rental of student holding areas (school cafeteria), pay for teachers backstage overseeing dancers, backdrops, U-Haul rental and gas to name a few of the large cost items.
- 3) Costumes are needed. **Only one costume per class is required. Non-Recital classes DO NOT require costumes.** Costume deposits by size: Child Extra Small & Small is \$80, Child Intermediate & Medium is \$85, Child Large - Large Adult is \$90, Extra Large Child or Adult is \$95. NOTE: These deposit prices are per costume, per class (that does not include tights required for recital). All deposits will incur a 4% credit/debit card processing fee (noted on the costume order form).
- 4) Due to the cost affiliated with putting on the recital production we must charge for admission. Recital Tickets are available for purchase online mid-April until the day of recital. Children up to age 3, sitting on a lap, do not require a ticket. All seating is reserved for shows. Prices to be announced.
- 5) Tickets to attend Dress Rehearsals are general admission seating and discounted. They are sold at the studio beginning in May (exact cash, check, money order, cashier's check or debit/credit card). Tickets are also available at the theater doors for purchase via QR code. Prices to be announced.
- 6) Since we have a professional videographer and photographer at the shows, we only allow personal videos and non-flash photos at the Dress Rehearsals. Taking photographs or videotaping are NOT permitted during the shows.
- 7) Optional expenses for recital include: Show DVDs/Thumb Drives, T-shirts, flowers, and food or drinks (at the recital concession stand).

8) Recital Dates:

Mandatory Rehearsals:

Sunday April 21, 2024

Sunday May 19, 2024

Recital Week:

June 5th-9th

***Refer to Recital Timeline for details and times.**

All recital information will be posted in our studio and on our website at <http://southerndancetheatre.com> beginning in February through recital. Contact our office for additional questions.

Recital Costume Deposits and Dress Code

Your costume order form is to be turned into the office with your dancer's registration.

- Total costume deposit can be paid in full with 1 payment at the time of registration via check, money order, cashier's check or *credit/debit card **OR** in 3 equal payments debited via *debit/credit card listed on your costume order form on Sept. 15, Oct. 15, and Nov. 15.
- If a student registers for classes after a costume payment date, then the total costume deposit will be divided by the remaining number of payments.
- For costume deposit prices see #3 on page 3.
- Costume Deposits are non-refundable after Dec. 1st.
- There will be no late costumes ordered.
- Recital Tights: Will be an additional cost and are not included with the costume deposits. Recital Tights invoices will be emailed out at the end of March. Payment will be due by April 25th payable with a check, money order, cashier's check or credit/debit card. Unpaid tights balances will be debited May 1st plus a \$10.00 late fee from your credit/debit card on file.
- *All credit/debit card transactions will incur the 4% card processing fee.
- Hair that cannot properly be put into the assigned recital hair style will not be allowed.
- **Please note: If a different style or color shoe is required for recital, this will be determined and announced by the end of January.**

Recital Absentee Policy

No more than a total of 3 classes, per discipline, are allowed to be missed beginning the last week of February through recital. Only 2 absences may be consecutive. The 4th absence in the same class will result in dismissal from the recital dance for that class.

Attendance and Absentee Policy

Attendance is important for students to master skills taught in class. Our curriculum is designed to instruct students within their level according to standards set by each of the dance departments. When students consistently miss class, their ability to maintain their level is jeopardized. The following are the number of absences allowed before a student is placed on probation. There is a possibility of the student being placed in a lower level class. Attendance is kept by the teacher and is reviewed every 6 weeks. A letter will be sent to the parent if a student is placed on probation. Students with poor attendance will not be promoted to the next level of dance. ***If we are closed due to an act of Mother Nature, classes missed can be made up but refunds will not be given.***

Attendance Policy per 6 Weeks

- No more than 1 absence per class.
- A courtesy phone call should be given to teachers so they are aware of the absence.
- Make up classes can be taken to offset any absences with the exception of recital classes beginning in March.

Note: Students that are 15 minutes late to class will be asked to observe or schedule a make-up class with their instructor.

****Recital Absentee Policy see page 4.***

Make Up Classes

Due to class sizes, make up classes may not be available for all classes. Make up classes can be done in a different discipline or level if need be.

Classes missed are non-refundable.

Injury Absences

Injuries causing a student to be absent from class for more than 6 weeks will result in an adjustment of the student's tuition. New adjusted tuition payment will begin next month. Tuition payments will continue to be collected during this time. Students must have a doctor's note for injury to recalculate tuition and doctor release to resume classes.

Dress Code

Dress Code: Students need to adhere to the dress code for each dance discipline. Dangle earrings, bracelets, and necklaces should not be worn in class.

Pre Combo 1 and 2 – Ages 3-5

Females- Southern Dance Theatre pink leotard, pink ballet tights, full sole pink leather ballet shoes, and tan or black tap shoes. Hair must be worn in a ponytail or bun.

Males - White t-shirt tucked in, black shorts and white ankle socks. Black ballet shoes, black tap shoes, black jazz shoes.

Ballet Basic and Jazz/Tap Basic – Ages 6-7

Females - Southern Dance Theatre white leotard, pink ballet tights, full sole pink leather ballet shoes, tan or black jazz and tap shoes. Hair must be worn in a ponytail or bun.

Males - White t-shirt tucked in, black shorts, white ankle socks, black ballet shoes, black jazz and tap shoes.

Level 1 Child - Teen/Adult Levels

Ballet

Females - Solid color camisole or tank leotard in assigned class color. Approved leotard colors available for purchase from Dance Depot, A Dancer's Closet, or discountdancesupply.com.

Lulli Colors:

Sky = Light Blue Ballet	Fuchsia = Raspberry Ballet
Royal = Royal Blue Ballet	Lavender = Periwinkle Ballet,
Burgundy = Burgundy Ballet	Dark Gray = Dark Gray Ballet
Dark Green = Hunter Green Ballet	Grape = Purple Ballet
Black = Black Ballet	

Theatricals and Wear Moi leotards are available from our online store at discountdancesupply.com. Search "mylist:457251".

Theatricals Colors:

Light Blue = Light Blue Ballet	Mulberry = Raspberry Ballet
Royal = Royal Blue Ballet	Lavender = Periwinkle Ballet
No Dark Gray available	Forest = Hunter Green Ballet
No Navy available	Black = Black Ballet

Wear Moi Colors:

Sky = Light Blue Ballet	Fuchsia = Raspberry Ballet
Royal Blue = Royal Blue Ballet	Lilac = Periwinkle Ballet
Burgundy = Burgundy Ballet	Dark Gray = Dark Gray Ballet
Forest = Hunter Green Ballet	Navy = Navy Blue Ballet
Purple = Purple Ballet	Black = Black Ballet

Pink ballet tights, pink leather ballet shoes (*child levels must wear full sole ballet shoes*), pointe shoes for pointe class. Ballet skirts optional for Navy Blue and Purple/Black Teen/Adult levels. Hair must be worn in a flat bun with hair net and pins.

Males – Fitted white t-shirt tucked, black tights or black biker shorts, dance belt, black ballet shoes. Hair must be groomed and worn neatly pulled away from the face.

Jazz, Lyrical/Contemporary, Leaps/Turns, Jazz Funk, Musical Theater

Females - Solid color leotard, black tights, dance shorts or biker shorts, tan or black jazz shoes, ½ soles. Hair must be worn in a ponytail or a bun.

Males – Solid color t-shirt, black shorts, warm up pants or jazz pants. Tan or Black jazz shoes.

Please note: shoe color for recital will be determined by January.

Tap

Females - Solid color leotard, black tights, tan or black tap shoes. Hair must be worn in a ponytail or a bun.

Males – Solid color t-shirt, black shorts, warm up pants or jazz pants. Tan or Black tap shoes.

Please note: shoe color for recital will be determined by January.

Hip Hop and Groovement

Females - Solid color t-shirt, shorts or warm up pants, sneakers. Hair must be worn in a ponytail or bun.

Males - Solid color t-shirt, shorts or warm up pants, sneakers.

Modern Beg./Int. Child/Teen/Adult

Females - Solid color leotard, black footless or transitional tights and barefoot. Hair worn in a ponytail or bun.

Males - Solid color t-shirt tucked with shorts or warm up pants, dance belt and barefoot.

Modern Int.Adv. Teen/Adult

Females – Solid colored leotard, black footless or transitional tights, dance shorts or biker shorts, and barefoot. Hair is to be worn in a ponytail or bun.

Males – Fitted solid color t-shirt tucked in with biker shorts, dance belt and barefoot.

Dance Movement

Females and Males – Solid color t-shirt, black warm up pants, and jazz shoes or regular sneakers.

Acrobatics and Pilates

Females – Solid color leotard with dance shorts or biker shorts. Barefoot and bare legged. Hair is to be worn in a low ponytail.

Males – Solid color shirt tucked in with biker shorts. Barefoot and bare legged.

Class Levels and Requirements

Class levels: Students are placed in classes according to instructors' recommendations based on Southern Dance Theatre's required curriculum and class criteria for each level.

Please be aware that a student's individual dance schedule and raw talent can create an exception to the following requirements listed and is decided SOLELY at the teacher's discretion.

Students who haven't mastered the requirements for the year will not be advanced to the next level regardless of the number of times per week a student has taken. Students whose absences have been excessive will not be advanced.

Note: Just showing up to all classes is not enough and does not automatically advance you to the next level. Students must be fully engaged and have mastered all skills necessary to advance.

Student Evaluations

Students are evaluated 2x per year in December and June. Teachers evaluate each student in class on their progress in work ethic, technique, artistry and terminology. Test scores, attendance, and dress codes will also be addressed.

Child Level Classes

Pre Combo 1 – Ballet/Tap Combo

Ages 3-5 3 years old by November 30th
One time per week - 1-2 year program.
See dress code. Girls wear Pink SDT leotards.

Pre Combo 2 – Ballet/Tap Combo

Ages 4-5 4 years old by November 30th
One time per week – 1-2 year program
Prerequisite - Pre Combo 1
See dress code. Girls wear Pink SDT leotards.

Ballet Basic

Ages 6-7 6 years old by November 30th
One time per week – 1-2 year program
See dress code. Girls wear White SDT leotards.

Jazz/Tap Basic – Jazz/Tap Combo

Ages 6-7 6 years old by November 30th
One time per week – 1-2 year program
See dress code. Girls wear White SDT leotards.

Ballet - Child Levels

Level 1 - Light Blue Ballet

8 years old by November 30th
1 time per week – 1-2 year program
Leotard Color - Light Blue or Sky

Level 2 – Raspberry Ballet

9 years old by November 30th
1 time per week - 2 year program
Prerequisite - 1 year of Light Blue Ballet
Leotard Color - Mulberry or Fuchsia

Level 3 - Royal Blue Ballet

11 years old by November 30th
2 times per week - 2 year program
Prerequisite - 2 years of Raspberry Ballet
Required - 2nd year students must take the Pre-Pointe class.
Leotard Color - Royal Blue

Level 4 - Periwinkle Ballet Child

12 years old by November 30th
2 time per week - 2 - 3 year program
Prerequisite - 2 years of Royal Blue Ballet
Beginning Pointe - based on teacher recommendation.
Leotard Color – Lilac or Lavender

Ballet - Teen/Adult Levels

Level 1 - Burgundy Ballet

11 years old by November 30th
1 time per week - 2-3 year program
2 times per week by adding Raspberry Ballet Child - 1 year program
Leotard Color – Burgundy

Level 2 – Dark Gray Ballet

12 years old by November 30th
1 time per week - 3 year program
2 times per week by adding Royal Blue Elite Ballet - 2 year program
Prerequisite - 2 years of Burgundy Ballet Teen/Adult or 2 years of Raspberry Ballet Child.
Leotard Color - Dark Gray

Level 3 - Hunter Green Ballet Teen/Adult

12 years old by November 30th

2 times per week - 3-4 year program

Prerequisite – 2 years of Dark Gray Teen/Adult or 2 years of Royal Blue Ballet Child.

Beginning Pointe - based on teacher recommendation.

Leotard Color – Forest or Dark Green

Level 4 – Navy Blue Ballet

13 years old by November 30th

2 times per week - 3-4 year program

Prerequisite - Pointe experience and have completed Hunter Green Teen/Adult Ballet or Periwinkle Ballet Child.

*Can add a 3rd class in the next level up (teacher recommended and Director's approval) or down.

Leotard Color - Navy

Level 5 – Purple/Black Ballet

14 years old by November 30th

2 times per week - 1-4 year program

Prerequisite - 2-3 years of pointe experience

Must have completed 2 full years of Navy Blue Ballet Teen/Adult.

*Recommended to add 3rd class in Navy Blue Ballet Teen/Adult level.

*Private classes are highly recommended to supplement your training.

Leotard Color – Purple, Grape or Black (color is assigned by the teacher).

Jazz Levels

Jazz 1 Child

8 years old by November 30th

1 time per week - 1-2 year program

Jazz Funk Beginner/Intermediate Child

8 years old by November 30th

1 time per week - 1-4 year program

Musical Theater Beginner/Intermediate Child/Teen/Adult

8 years old by November 30th

1 time per week - 1-10 year program

Jazz 2 Child

9 years old by November 30th

1 time per week - 1-2 year program

Prerequisite - Jazz 1 Child or teacher recommendation

Jazz 3 Child

10 years old by November 30th

1 time per week – 2 year program

Prerequisite - Jazz 2 Child, Jazz/Tap Beginner/Intermediate Teen/Adult or teacher recommendation.

Jazz/Tap Beginning/Intermediate Teen/Adult

11 years old by November 30th

1 time per week - 1-3 year program

Jazz 2 Teen/Adult/ 4 Child

11 years old by November 30th

1 time per week – 2-3 year program

Prerequisite - 2 years of Jazz/Tap Beginner/Intermediate Teen/Adult or 2 years of Jazz 3 Child.

Jazz 3 Teen/Adult

13 years old by November 30th

1 time per week - 2-3 year program

Prerequisite – 2 years of Jazz 2 Teen/4 Child

Jazz 4/5 Teen/Adult

15 years old by November 30th

2 time per week – 2-4 year program

Prerequisite – 2 years of Jazz 3 Teen/Adult

Required - Must take a second class in Jazz 4/5 Teen/Adult and have completed 2 years of Navy Ballet.

Lyrical/Contemporary Levels

Lyrical/Contemporary Beginner/Intermediate Child/Teen/Adult

10 years old by November 30th

1 time per week - 2-4 year program

Prerequisite – 1 year of Jazz 3 Child or 1 year of Jazz 2 Teen/4 Child

Required - Must also be enrolled in Jazz 3 Child or higher.

Lyrical/Contemporary Intermediate/Advanced Teen/Adult

13 years old by November 30th

1 time per week - 2-5 year program

Prerequisite - 2 years of Jazz 2 Teen/4 Child or higher.

Required - Must also be enrolled in Jazz 3 Teen/Adult or higher.

Pilates

10 years old by November 30th

1 time per week – 1-8 year program

Required - Must also be enrolled in Royal Blue Ballet Child, Dark Gray Ballet Teen/Adult or higher.

Modern Levels

Modern Beginner/Intermediate Child/Teen/Adult

10 years old by November 30th

1 time per week - 2-4 year program

Prerequisite - 2 years of ballet in Child or Teen/Adult levels

Modern Intermediate/Advanced Teen/Adult

13 years old by November 30th

1 time per week - 2-4 year program

Prerequisite - 2 years of Modern Beginner/Intermediate Child/Teen/Adult

Tap Levels

Tap Beginner/Intermediate Child

8 years old by November 30th

1 time per week - 2-4 year program

Tap/Jazz Beginner/Intermediate Teen/Adult

11 years old by November 30th

1 time per week - 2-3 year program

Tap Intermediate/Advanced Child/Teen/Adult

11 years old by November 30th

1 time per week - 2-4 year program

Prerequisite – 2 years of Tap/Jazz Beginner/Intermediate Teen/Adult or 2 years of Tap Beginner/Intermediate Child.

Tap Intermediate/Advanced Teen/Adult

13 years old by November 30th

1 time per week - 2-4 year program

Prerequisite – Tap Intermediate/Advanced Child/Teen/Adult.

Hip Hop – Child and Teen/Adult Levels

Groovement

5 years old by November 30th

1 time per week - 1-3 year program

Hip Hop Beginner/Intermediate Child

8 years old by November 30th

1 time per week - 1-3 year program

Hip Hop Intermediate/Advanced Child

10 years old by November 30th

1 time per week - 2-3 year program

Prerequisite – Hip Hop Beginner/Intermediate Child

Hip Hop Intermediate/Advanced Teen/Adult

12 years old by November 30th

1 time per week – 2-6 year program

Prerequisite – Hip Hop Intermediate/Advanced Child

Dance Movement

13 years old by November 30th

1 time per week - No limit to number of years

Inclusive Dance Education Class - Teens & Adults

Acrobatics & Leaps/Turns – Child and Teen/Adult Levels

Note: See Jazz and Acrobatics dress codes on pages 6 and 7.

Acrobatics 1 – Ages 3-7

3 years old by November 30th

1 time per week – 1-4 year program

Acrobatics 2 – Ages 8-11

8 years old by November 30th

1 time per week – 1-3 year program

Acrobatics 3/Leaps/Turns – Child/Teen/Adult Level

10 years old by November 30th

1 time per week – 1-7 year program

Prerequisite - 1 year of Jazz 2 Child or higher

Required - Must also be enrolled in Jazz 3 Child or higher.

Acrobatics 4/Leaps/Turns – Intermediate Teen/Adult Level (5-6pm)

12 years old by November 30th

1 time per week – 1-7 year program

Prerequisite - 1 year of Jazz 2 Teen/4 Child or higher

Required - Must also be enrolled in Jazz 3 Teen/Adult or higher.

Your Dream... Our Commitment!

